



# FREE PARENTING WORKSHOPS

## Middle School & High School

While there is no recipe for raising successful children, there are key parenting ingredients that will produce strong families. Make the commitment to improving parent/child relationships at home. Learn to talk so your children WILL listen & avoid power struggles. Your child will thank you!

### September—December 2018 12:00–2:00 p.m.

- 9/5 Sibling Rivalry
- 9/12 Peer Pressure
- 9/19 Normal Adolescent Behavior
- 9/26 Teaching Responsibility
  
- 10/3 Managing Anger / Conflicts
- 10/10 Effective Discipline
- 10/17 Managing Stress
- 10/24 Effective Communication
- 10/31 Sibling Rivalry
  
- 11/7 Peer Pressure
- 11/14 Normal Adolescent Behavior
- 11/28 Teaching Responsibility
  
- 12/5 Managing Anger / Conflicts
- 12/12 Effective Discipline

### September—December 2018 6:30–8:30 p.m.

- 9/10 Effective Communication
- 9/24 Sibling Rivalry
- 9/27 Peer Pressure
  
- 10/1 Normal Adolescent Behavior
- 10/22 Teaching Responsibility
- 10/25 Managing Anger
  
- 11/12 Effective Discipline
- 11/15 Managing Stress
  
- 12/3 Effective Communication
- 12/6 Sibling Rivalry

Family Education and Guidance Services, 1300 19th Street, Plano, TX 75074.

**469-752-2272**

Registration not needed ♦ ♦ ♦ ♦ Childcare is not provided

Visit <http://www.pisd.edu/parentworkshops>